

# Nations

INDIGENOUS LIFESTYLE MAGAZINE 2020

EXPERIENCES

**Lose Yourself in...  
Immersive Travel**

ART AND CULTURE

**Meet the  
Makers**

Be Wowed by  
a B.C. Wildlife  
Adventure



**INDIGENOUS**  
TOURISM ASSOCIATION OF CANADA

THE MOUNTAINS,  
THE PRAIRIES,  
THE OCEANS,  
AND ALL THAT LIES  
IN BETWEEN.

EXPLORE INDIGENOUS CANADA





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# Welcome

BY ITAC'S MARKETING TEAM

Welcome to the 2019-2020 Indigenous Tourism Association of Canada's new lifestyle magazine. Within these pages you will find stories from authentic Indigenous tourism companies stretching across Canada from coast to coast to coast.

Indigenous communities have shared their Culture with visitors to their traditional territories since time immemorial closely guided by community values of respect, honour and integrity. Those same values are the sustainable building blocks for quality Indigenous cultural tourism experiences both now, and for generations to come.

Indigenous Cultural tourism provides visitors with unique experiences that they cannot have anywhere else in the world, and our members share their Culture in a way that supports the community it represents.

Every experience, every business represented here is authentically Indigenous and supported by the "*keepers of the Culture... the nation and its people*".

To search and book an indigenous experience with our operators in this magazine, go online at [indigenoustravel.com](https://indigenoustravel.com)





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**Ekosi, miigwech, tiawenhk,  
merci and thank you!**

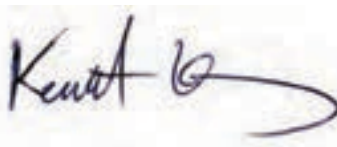
As President and CEO of the Indigenous Tourism Association of Canada, and on behalf of our board of directors, I'd like to welcome and thank you for exploring all the authentic Indigenous experiences we have gathered together here in our first, annual magazine. It is an honour to support so many Indigenous tourism experience providers, operators, interpreters and guides who present these experiences from coast to coast to coast with such pride.

Globally, interest in Indigenous tourism has grown dramatically, as more travelers experience the authenticity, uniqueness and diversity of stories and products offered by Indigenous Peoples and Indigenous communities across Canada. Some say our Indigenous tourism experiences rival the best in the world; we believe that to be true as our ancestors have been welcoming visitors to our traditional territories for millennia with ceremony, song, dance, gifts, and of course, food.

Indigenous tourism in Canada is not only growing it is becoming resilient thanks to new generations of Indigenous Peoples who are building careers by sharing their Culture and communities with visitors from around the world and around the corner. When you choose an authentic Indigenous experience on your visit to Canada, you are helping communities grow by investing in our future.

The stories within this magazine are just the beginning, and they form an integral part of our Destination Indigenous strategy. Our goal here is to share a taste of the inspirational, powerful and life-changing experiences visitors can have within Indigenous communities and through Indigenous people across Canada. Follow along and share your adventures at #DestinationIndigenous.

Enjoy, and we look forward to welcoming you.



**Keith Henry**  
President & CEO  
Indigenous Tourism Association of Canada

# WILDLIFE

Canada's vast wilderness regions are calling... Experience adventures great and small; from hunting and fishing in Quebec to exploring the wild natural world of British Columbia, and standing in awe under a shimmering night sky watching the Aurora Borealis by a frozen lake. Witness captivating beauty in diverse terrain from glaciers to the desert. See everything this great land has to offer accompanied by its traditional stewards; your Indigenous hosts and guides.



# Into the Wild

As the second largest country in the world, covering a vast expanse of 9,984,670 km<sup>2</sup> (3,855,100 sq mi), take a moment to contemplate the extraordinary fact that over 80% of Canada's landmass is uninhabited.

BY AMANDA CASTLEMAN

Experience the incredible sensation of exploring pristine wilderness in the company of Indigenous guides whose knowledge of the land goes back countless generations...

## DISCOVER THREE MAGICAL WILDERNESS REGIONS.

Start in the **Nunavik Parks**, occupied for 4,500 years by Indigenous Peoples who adapted to thrive in the Arctic. Today the Inuit welcome visitors to this harsh, extraordinary landscape. Adventurers can summit Mount D'Iberville—eastern Canada's highest peak—in the **Kuurlujuaq National Park**. Nearby lies Ulittaniujalik, a massive new protected area which just started guided canoe trips down the George River, a habitat for wolves, black bears and the willow ptarmigan. Feeling even more extreme? Kite-ski in the **Pingualuit National Park**... or trek to the meteorite crater. Formed by an impact 8,500 times more forceful than the Hiroshima bomb, this circular 400-meter-deep landmark collects rain and brims with incredibly pure water. Or sea kayak and scout for belugas in the **Tursujuq National Park**, where dramatically eroded plateaus preside over the Hudson Bay coast, almost resembling the canyons and mesas of the American West.

Across the peninsula the **Torngat Mountains National Park** shelters some of the world's most ancient rock formations and remains a place of power for the Inuit. Polar bears still



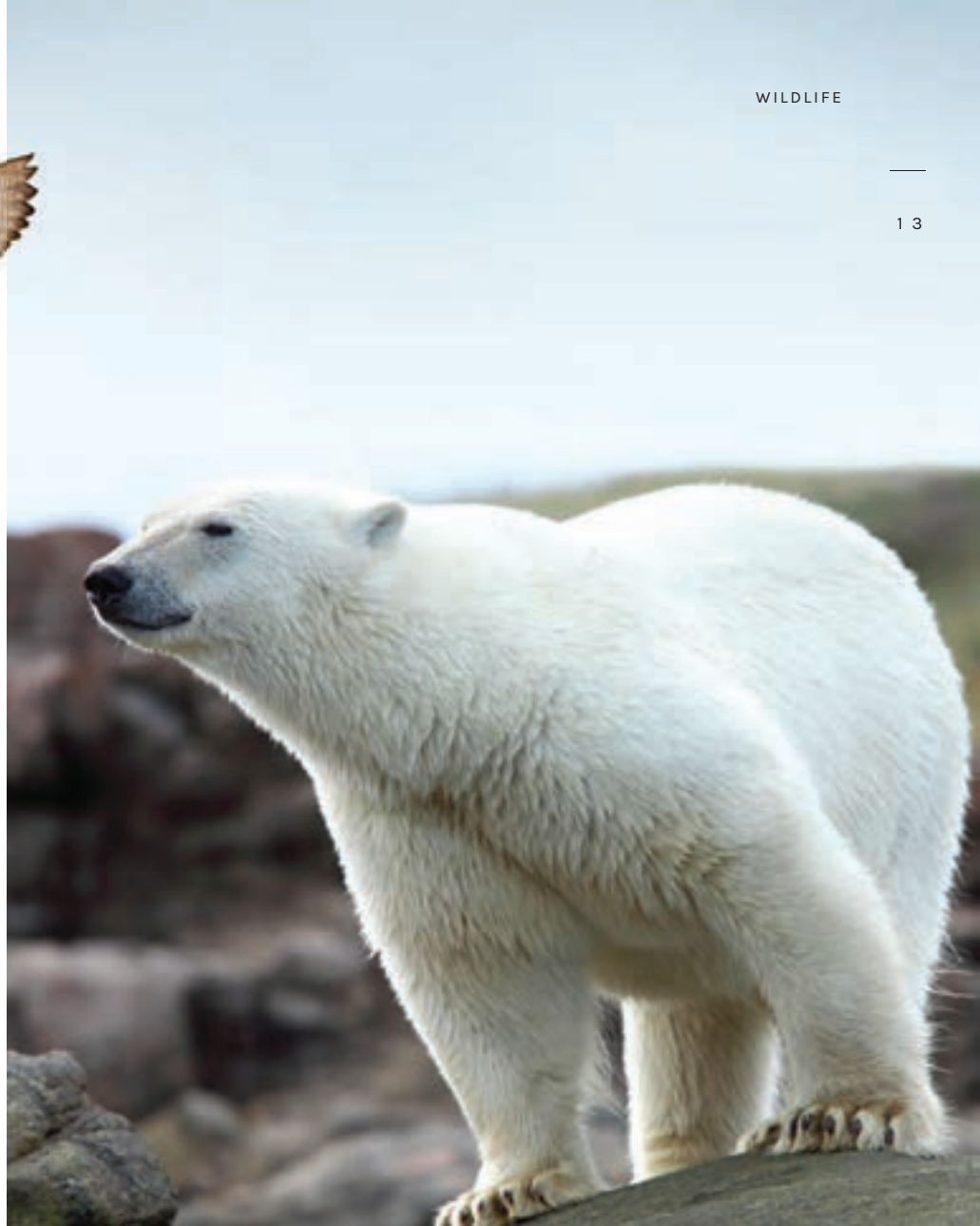


roam this subarctic wilderness at the northern tip of Newfoundland and Labrador, alongside caribou, wolves and falcons. While the majesty of icebergs, jagged peaks and indigo glacier-melt fjords takes center stage, don't forget to lean in and look closely! The tundra springs alive with ferns, mosses and flowering plants during the warmer months.

Rest up for wildlife-drives and Zodiac rides at the Base Camp and Research Station. Hikers, backpackers and rock climbers also touch down here during the brief six-week summer season. Note: the parks' routes are marked only by Inuksuk (cairns), so it's wise to employ a local guide and bear guard!

The adventures continue in Ontario, where **Point Grondine Park** sprawls over 18,000 acres along Lake Huron. Community members still harvest fish, game, berries and wild rice in hunting camps. But guests should leave no trace as they follow the traditional routes of the Anishinaabek people, hiking through pine forests or paddle-camping the rivers and interior lakes.

Opened in 2015, this still-evolving park is the creation of Canada's only officially recognized unceded First Nations reservation, the **Wiikwemkoong** territory. Explore its history on a guided walk or off-road along the Niagara Escarpment, while learning about natural medicine in one of North America's most plant-diverse areas. Locals also lead sunset canoe expeditions that include traditional tobacco rituals.





# to be Wowed by a B.C. Wildlife Adventure

From grizzlies and the elusive spirit bear, to whales, bald eagles and salmon streaming through cool clear waters, British Columbia is home to a bounty of natural wonders. Join these ten Indigenous adventure companies to explore the mountains, forests and waterways of their traditional territories and see amazing wildlife in its natural environment.

BY NIKKI BAYLEY



## Takaya Tours

There's smooth sailing ahead on the clear, calm waters of Indian Arm in North Vancouver on the traditional territory of the Tsleil-Waututh First Nation. Step into one of Takaya's beautifully decorated 25-foot ocean-going canoes, crafted as replicas of those used by the Tsleil-Waututh Nation for centuries. Discover the rich marine life of these protected waters just a short drive from downtown Vancouver from sleek harbour seals and Stellar sealions to cute Goldeneye and Merganser ducks. As you paddle, your guide will share legends, songs, and stories from the Coast Salish Nations.

[takayatours.com](http://takayatours.com)



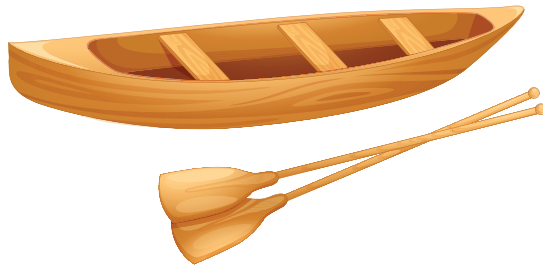


## Knight Inlet Lodge

Journey to a floating wilderness lodge set amongst soaring snow-capped peaks 80km north of Campbell River in Glendale Cove, home to one of the largest concentrations of grizzly bears in British Columbia. Spend between 2-6 nights on the traditional territory of the Da'naxda'xw Awaetlala First Nations viewing bald eagles and other marine birds, learning the secrets of the forest, tracking animal prints to make casts, and, of course, watching grizzly bears in their natural habitat from a safe, respectful distance, either by boat or on special viewing platforms.



[grizzlytours.com](http://grizzlytours.com)



## Haida Style

Identical twin brothers, Sk'aal Ts'iid (Flicker Bird - James Douglas Cowpar) and Kung X angajii (Moonshadow - William Shawn Cowpar) want to welcome the world to their backyard—Haida Gwaii. Born into the Tsaahl Eagle Clan, the brothers offer cultural adventure tours through their traditional territory exploring Haida Gwaii's treasures including totem poles, hot springs, and UNESCO World Heritage Site ancient villages. Enjoy a traditional Haida feast of local salmon over stories, songs and fascinating historical tales; head out on a fishing trip to land halibut, Chinook or Coho; help build a sustainable future for Haida Gwaii through conservation and eco-tourism.

[haidastyle.com](http://haidastyle.com)



## Moccasin Trails

Paddle down the South Thompson and Adams Rivers, following the traditional trails that the Secwepemcū'ł'ecw (Shuswap Nation) have used for countless generations on a guided adventure with a local Knowledge Keeper. Hear stories of the mountains and learn about the triumphs and struggles this Nation has faced; witness the beauty of the circle of life each September as the Pacific Sockeye Salmon return to the place of their birth to spawn and die, then become a feast for the eagles soaring overhead.

[moccasintrails.com](http://moccasintrails.com)





## Sidney Whale Watching

Family-owned and operated for more than 20 years on the beautiful Saanich Peninsular, when you join Sidney Whale Watching for a tour on their custom 30-foot wildlife viewing vessel, you're guaranteed to get the local perspective! Based in the heart of the resident Orcas' feeding grounds and home to seal and sea lion colonies, Sidney's waters are protected by the surrounding Gulf Islands making for smooth sailing, stunning views over the Archipelago and excellent wildlife viewing conditions.

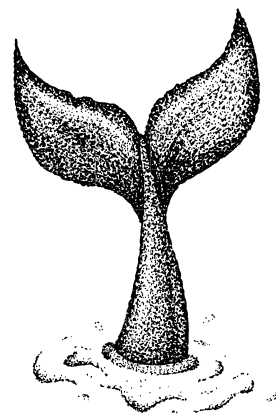
[sidneywhalewatching.com](http://sidneywhalewatching.com)



## Homalco Wildlife Tours

See the wheels of nature turn from respectful viewing platforms as the grizzly bears of Bute Inlet feast on spawning salmon and their eggs in a quest to fatten up before a long winter hibernation. Travel by boat from Campbell River through the Salish Sea, looking out for Orcas, humpbacks whales, dolphins and bald eagles along the way in the company of a Homalco First Nation guide, the stewards of the bears.

[homalcotours.com](http://homalcotours.com)



## Spirit Bear Lodge

Extraordinary encounters with incredible wildlife await on the traditional territory of the Kitsoo/Xai'xais First Nation deep in the heart of the Great Bear Rainforest. On a four to seven-day eco-tourism package immerse in a rare landscape teeming with grizzlies, sea wolves and the legendary white spirit bear. See Orcas, sea lions, white-sided dolphins and humpbacks play in the misty waters. Hear stories from Klemtu locals and experience an ancient but still thriving culture.

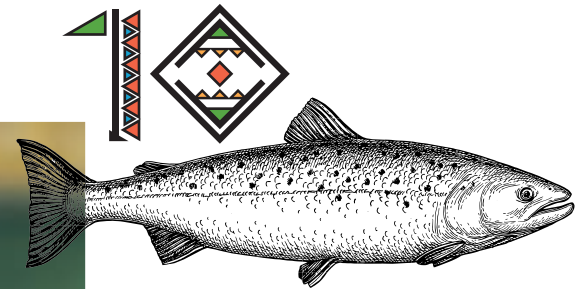
[spiritbear.com](http://spiritbear.com)



## Sea Wolf Adventures

Grizzly bears fishing for salmon in the Great Bear Rainforest and Orcas flipping their tails in the cool clear waters around Northern Vancouver Island; welcome to the traditional territory of the Kwakwaka'wakw First Nation! Join Sea Wolf Adventures to explore the incredible wildlife of this region and understand its fascinating history and living culture through the perspective of a guide from one of the 19 different tribes of the Kwakwaka'wakw Nation. Take a day to immerse in pristine nature and connect with the wonders around you.

[seawolfadventures.ca](http://seawolfadventures.ca)



## Xwisten Experience Tours

Join guides from the St'at'imc Nation on a fascinating—and delicious—journey through their rich culture and history. Learn about the significance of the salmon for the Xwisten (Bridge River) people, see the historic fishing grounds and try a taste of the traditional wind-dried preserved salmon that's still made today. Visit the archaeological village site of 80 s7istken (pithouses), the traditional winter homes of the St'at'imc people, step inside and imagine life thousands of years ago. Finish your tour with a salmon BBQ feast with bannock and a traditional whipped sxúsum berry dessert.

[xwistentours.ca](http://xwistentours.ca)



## Talaysay Tours

In the heart of a modern gleaming glass city lies ancient roots in the old growth forest. Join Talaysay Tours and their First Nations guides to hear legends and traditional and contemporary stories, and share a way of life as old as time. Take a morning or a day to experience an Indigenous eco-adventure discovering some of the many traditional uses of plants and trees for the Skwxw7mesh Uxwumixw—Coast Salish First Nation in Stanley Park: medicinal, artistic, culinary and technological. Paddle out on the tranquil waters of the Salish Sea to spot eagles wheeling overhead and curious seals peeking out from below the water.

[talaysay.com](http://talaysay.com)

# Hit the North!

BY AMANDA CASTLEMAN

Ice bears and the aurora. Tundra willows just inches tall, set in a mosaic of moss and bright flowers. The North captivates with its sheer staggering beauty and its diversity—a true reflection of Canada. Experience the glory of the wilderness with these seven expert outfitters.



ECOTOURISM  
IN EXTREME  
CONDITIONS IN  
THE WATERS OFF  
ELLESMERE ISLAND  
(CANADIAN HIGH  
ARCTIC).

Nunavut-based **Polar Outfitting** leads expeditions out on the land. Its Inuit owner Alexander Flaherty grew up in Grise Fjord, learning traditional hunting and survival skills. He now shares this wisdom on trips such as fishing the Bay of Two Rivers. Guests can test their skills against Arctic char, who—pound for pound—fight as hard as any salmon or trout species. Expect long runs and big, dramatic jumps as you fish from a skiff or cast from the shore. Local guides weave in archaeological sites and stories of the ancient Thule and modern Inuit inhabitants of the region. Or take a boat day trip from Iqaluit to look for wildlife including, seals, walrus, whales and even polar bears.

The Northwest Territories Inuit also welcome guests to the Arctic. **Tundra North Tours** was founded by Kylik Kisoun Taylor, who grew up in southern Ontario but returned to his roots in the Beaufort Delta. Today he and his team lead trips ranging from a two-hour jaunts around Inuvik—including northern food like bannock and moose—to a three-day Ice Road Adventure. En route to the Arctic Ocean, travelers can sleep in igloos, often bathed in the shimmering Northern Lights. Feeling gonzo? Extend the trip and help herd thousands of reindeer by snow mobile! Tundra North also arranges flight-seeing tours and visits to a traditional whaling camp.

Few travellers ever get to see Baffin Island, home to the Inuit-owned and operated community of Arctic Bay in Nunavut and **Arctic Bay Adventures** who specialize in five to nine-day expeditions deep in the exhilarating landscape of one of the top ten most northerly communities in the world. Here you can learn the nomadic ways of the Inuit; build an igloo and meet Elders and locals; feast on traditional foods and see Baffin Island's extraordinary wild nature from narwhals and polar bears to icebergs and shimmering Northern Lights. Experience the excitement of hiking and sightseeing under the midnight sun through the summer and the incredible warmth of the community as it comes together for games and dancing during the 24-hour darkness of the arctic winter.



DISCOVER  
THE NORTHWEST  
TERRITORIES WITH  
TUNDRA NORTH  
TOURS.





INVENTED CENTURIES AGO BY THE INDIGENOUS PEOPLES OF NORTHERN ALASKA, THE MULTI-PURPOSE ULU KNIFE IS RENOWNED IN THE NORTH.

Yellowknife remains a major epicentre for adventure-seekers in the Canadian North. One of the region's biggest travel agencies is **Touch the Arctic Tours**, offering anything from a Midnight Sun golf tournament on the summer solstice to an eight-day photography safari. Capture barren-ground caribou as they thunder across a tundra ignited by autumn's hues. Or explore two of the territory's icons on a single trip: the continent's second longest river, the Mackenzie, and the Nahanni National Park. This World Heritage site shelters a cascade almost twice as high as Niagara's torrent. Also keep an eye out for the animals of the boreal forest, such as wolves, grizzly bears and mountain goats in this stunning park of deep canyons and limestone caves.

Northerners also lead **Bucket List Tours** to Nahanni, where travelers switch from luxury coaches to twin otter floatplanes. The pilot shares the legends of the cheerfully named Deadman Valley, Headless Range, Funeral Range and Death Lake, as Dall sheep scramble amid the alpine meadows, craggy ridges and granite pinnacles, the territory of the Dehcho First Nations. This route also visits Wood Buffalo, the country's largest national park and the world's most vast Dark Sky Preserve. Indigenous people have inhabited the Switzerland-sized region for over 8,000 years and some of their descendants still subsistence hunt, fish and trap there. The park's most famous for its massive free-roaming herd of 5,000 bison, but also boasts salt plains, the planet's biggest beaver dam and the last natural nesting area for the endangered whooping crane.

Support female-founded businesses by booking with **Top of the World Travel**, another Yellowknife mainstay. Cindy Romanow and Susan Mercredi started this agency in 1991 and still co-own it, partnering with Nunavut's Kitikmeot Corporation. While it offers vacations from Rio to Rome, this northern company naturally excels at Arctic travel—right down to winter clothing rentals delivered to guests' hotels!

Excited to show visitors their backyard, the spectacular Northwest Territories, the company works directly with small communities like Ulukhaktok, one of the best places to source materials for an ulu, traditional Inuit knife. It also has the world's northernmost golf course, a nine-hole public facility.

No spring or summer trip North would be complete without the Canadian Arctic's show-stopping Aurora Borealis. Also known as 'the Northern Lights,' this phenomenon occurs when electrons collide with the upper reaches of Earth's atmosphere. It can resemble rays, clouds or a folded cloth curtain blowing in the wind, often in rich hues of emerald, purple and yellow.

Indigenous-owned **North Star Adventures** focuses on the bewitching spectacle of the dancing aurora borealis—and makes the very salient point that it has 50,000 years of experience behind its tours! "Having lived, played and worked there, we know Yellowknife and we know the North," its guides stress. "And all of our tours include photos of you!" It runs budget-friendly trips to fish, hunt, snowmobile, teepee-camp and view buffalo. But Aurora tours are its crowning glory and they run mid-August to mid-April. Stay two nights and you have a 50% chance of seeing the Northern Lights. Four nights boosts that to a 95% likelihood.

As might be suspected from the name, **Aurora Village** also specializes in chasing light... and is Indigenous-owned by Don and Gladys Morin, formerly from Fort Resolution, the oldest trading settlement in the territories and home to mostly Dene and Metis people.

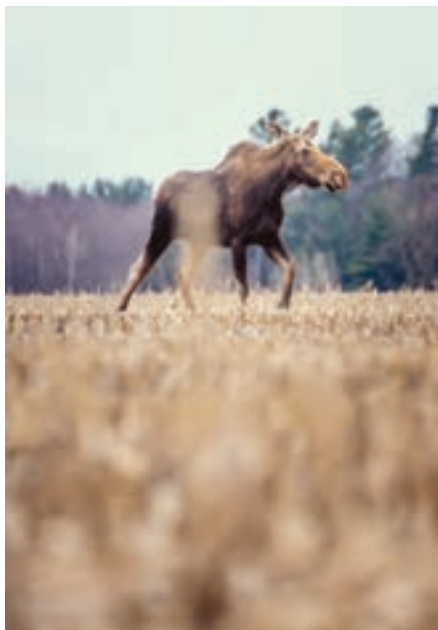
Multi-lingual guides can welcome visitors in English, French, Japanese, Korean, Mandarin and Cantonese! And this property claims to be the world's only place with custom-made, heated seats that swivel 360-degrees—a design echoing traditional sleighs to keep guests cozy. From November to April, the village also transforms into a winter wonderland where visitors can slip down a snow slide or drive a dog-sled-team across the frozen landscape.

# Discover Quebec for Hunting and Fishing

BY SHEL ZOLKEWICH



Journey deep into the Quebec wilderness to discover your true adventure. Whether you're devoted to hooking a wild brook trout on the fly or stalking a great bull moose, our collection of professional member outfitters ensures a trip of a lifetime in the unspoiled Canadian landscape.



Settle in to one of eight exceedingly comfortable cottages at **Lac des Cœurs Domain** and let your adventure begin. Fly fishing enthusiasts will delight in Lac des Cœurs' gentle streams, fish-filled pools at the base of the falls and deep, still waters. With 15 additional lakes that beg for lines, anglers of all persuasions can find brook trout success whether fishing from a boat, casting from the dock or wading into deeper waters. Moose hunters enjoy the exclusive territory of the camp during one-week excursions, and pets are always welcome.


Get to the water's edge every morning at **Lac Loup Sports Domain**, thanks to a private dock at each of the camp's nine modern cabins. Start your day with poetic casts aimed at luring plentiful native brook trout to the fly. Then lace up for an exhilarating hike through the deep forest surrounding the camp. In the evening, catch the sunset from a traditional Algonquin birch bark canoe called a Rabaska. Big game hunters can choose from moose excursions and guided black bear hunts based out of the comfortable accommodations of the camp.

**Lac Bernier** offers ample laid-back charm with two cozy cottages, each outfitted with a wood-burning stove and all the comforts of home. Anglers delight in exploring the nooks and crannies of the three-kilometre long home lake, along with five additional lakes nearby, all teeming with native brook trout. Add a little variety to vacation time with canoeing, kayak, pedal boating and swimming along the scenic shoreline. Week-long fall moose hunts are also based out of the camp.

The mountains are calling! Combine world-class trout fishing with exhilarating hikes on your next getaway. And do it all at **Club Claire**. With 25 natural lakes and over 80 square kilometres of hilly terrain, this camp offers the best of both worlds. Seven modern cabins are nestled along Lac Cormier, where no gas boat motors are permitted, ensuring your stay is as comfortable as it is quiet. Come fall, moose hunters have their pick of two stellar weeks in the camp's exclusive territory.

Wildlife watchers rejoice! At **Lacs à Jimmy**, the fishing is fine, the accommodations are cozy and comfortable. And for those wanting to see majestic black bears in their natural habitat, this is the camp. Guests are escorted with an experienced guide to a safe shelter to observe the behavior of these forest-dwelling mammals. When it's time for fishing, 15 lakes provide ample stock of wild brook trout. There's also a triplex at the camp that includes three separate bedrooms for larger groups. Moose hunting happens for two weeks in fall.

A full service camp in the great outdoors awaits you at **Club Odanak**. With 16 lakes and ponds offering unmatched angling for brook speckled trout, visitors can choose one of 48 rooms spread across three pavilions. For hearty appetites, the Odanak Club restaurant offers traditional Quebec and French dishes in its picturesque dining room. There's also berry picking, mushroom hunting, bird watching, hiking, canoeing and opportunities for photography. Hunting for grouse, black bear and moose is offered in the autumn.

A person in a yellow canoe is seen from behind, floating on a calm lake. The background is a misty, forested hillside under a soft, hazy sky, suggesting dawn. The water reflects the light and the surrounding environment.

MISTY  
MORNINGS AS  
THE DAWN  
ROLLS IN AT  
CLUB ODANAK.

**CAST OFF FROM THE  
DOCK OR TRY YOUR LUCK  
IN QUEBEC'S GENTLE  
STREAMS AND FISH-FILLED  
POOLS AND LAKES.**

## Indigenous Tourism B.C.

Immerse Yourself in Living Traditions! With 203 Indigenous communities and more than 30 Indigenous languages, British Columbia's six diverse and beautiful regions offer extensive authentic Indigenous experiences. Connect with the people and languages that have spoken the land, collected the knowledge, and passed the stories of Indigenous BC for thousands upon thousands of years.

[indigenoustravel.com](http://indigenoustravel.com)

## Wikwemikong Tourism

When you visit Manitoulin Island make sure that you book one of the exciting Wikwemikong Tourism Authentic Indigenous Experiences. Take time to visit the Tourist Information Centre to browse beautiful crafts hand-made by local Indigenous artists. For lovers of hiking, canoeing, and backcountry camping, Point Grondine Park in Killarney is a must-visit with 18,000 acres to explore.

[wikwemikong.ca](http://wikwemikong.ca)



## Moose Cree Tourism

We welcome visitors year-round to the traditional territory of the Moose Cree First Nation, on Moose Factory Island, on the cusp of James Bay, Ontario. Visit us to enjoy cultural activities, to share our stories and discover unique artworks and crafts. Explore our beautiful land and waters and adventure by canoe or on foot in the company of our friendly local guides.

[moosecree.com](http://moosecree.com)

## Eeyou Istchee Baie-James

Experience Eastern James Bay at its best! Immerse yourself in Cree culture and learn about our traditions under shimmering Northern Lights. Take an interpretive eco-cruise through the beauty of the Coastal Islands with a certified crew of Cree captains. Observe the annual wonder of migrating caribou from the vantage point of a snowmobile.

[voyageseibj.com](http://voyageseibj.com)  
[escapelikeneverbefore.com](http://escapelikeneverbefore.com)



# ART AND CULTURE

Hear songs and stories around the fire; create unique art and learn the skills of the Porcupine People; dip your paddle into the river and share in traditions as old as the water and the sky.

Dig a little deeper and explore the diverse world of Indigenous Cultures within Canada. From coast to coast to coast Canada offers extraordinary cultural treasures, here's your guide to experiencing some of the best...



## Teslin Tlingit Heritage Center

**Where: Teslin, Yukon (southeast)**

Don't miss: Our Cultural Demonstrations

Shake hands with a master carver and watch them create an incredible sculpture from a block of wood; talk to talented cedar bark and Chilkoot weavers; watch a demonstration on moccasin making, saddlery or the traditional art of making a bentwood box; explore our culinary culture and learn about salmon smoking and traditional food preservation. Taste our freshly made bannock; dip your feet into pristine Teslin Lake; relax, unwind and enjoy the spectacular outdoor setting and take home a precious souvenir from our well-stocked gift store.



## Haida Heritage Centre at Kay Llnagaay

**Where: Skidegate, Haida Gwaii, British Columbia**

Don't miss: The Monumental Pole tour, daily from June through August

Through the Haida Heritage Centre we celebrate the living culture of the Haida people. Through our language, art and stories we share our relationship with the land and sea which shapes, nourishes, and sustains us. Haida monumental poles are one of the most recognizable and clearly identifiable icons of First Nations cultures worldwide. Join us as we visit some of the many poles at Kay Llnagaay and begin to deconstruct the different types of poles, their functions and some of the crests and stories that have been displayed from time immemorial, connecting time and place.

[haidaheritagecentre.com](http://haidaheritagecentre.com)

## Métis Crossing: Experience our exciting culture!

**Where: Smoky Lake, Alberta (northeast)**

Don't miss: Paddle into the Past

Join us on a four-hour immersive Indigenous experience linking two historic sites with a voyageur canoe trip along the North Saskatchewan River—a traditional fur-trade route. One of Canada's three Indigenous Peoples, the Métis are a proud nation. Taught by generations of grandparents, our way of life, crafts, survival, and strong entrepreneurship, are shared in this experience. Try your hand at finger weaving. Dip your paddle into the river. Scan the riverbanks for the Canadian beaver. Sip a cup of tea. This trip is a perfect blend of culture, the great outdoors and Métis history.

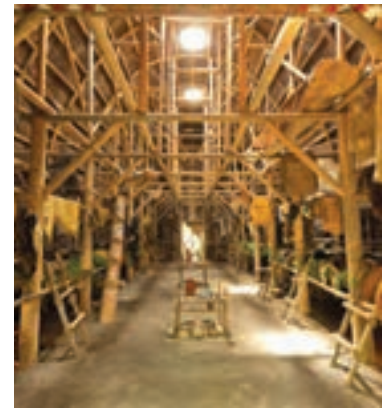
[metisrossing.org](http://metisrossing.org)

## Huron Traditional Site “Onhoüa Chetek8e”

**Where: Wendake, Quebec**

Don't miss: History of the Hurons-Wendat from past to present

Kwe! Follow our journey and learn about the living culture and storied past of the Huron-Wendat People. Take a guided tour with a cultural ambassador; paddle a canoe and hear tales and legends; watch a traditional dance show or get crafty in a handicraft workshop. Taste our delicious indigenous cuisine at the NEK8ARRE restaurant, which can accommodate 180 guests, and feast on wild game and fish. At Le Huron onsite gifts shop, browse unique arts and crafts from Indigenous artisans from across North America. Only a 20-min drive north of downtown Quebec City. Open year-round.



## Squamish Lil'wat Cultural Centre (SLCC)

**Where: Whistler, British Columbia**

Don't miss: Our 'What We Treasure' guided tour

Experience the SLCC's signature tour delivered hourly by knowledgeable Cultural Ambassadors from the Squamish and Lil'wat Nations, who share their own stories and cultural teachings. This tour includes a welcome song, fifteen-minute film, exhibit tour, and optional craft activity. For guests wishing to visit the centre but do not have time for a tour, the SLCC's admission free area includes Whistler's largest First Nations Gift Shop as well as Whistler's only indigenous-inspired café, Thunderbird Café. Visit these two spaces to explore merchandise and cuisine authentic and unique to the Squamish, Lil'wat, and other Indigenous peoples in Canada.

[slcc.ca](http://slcc.ca)



## Wendake at the National Longhouse

**Where: Wendake, Quebec**

Don't miss: Myths and Legends

In the Ekionkiestha' national longhouse of the Huron-Wendat, join us by the fire to listen to our myths and legends over a soothing cup of Labrador tea. Hear our songs, delve into our stories (at 6 p.m. in English - at 9 p.m. in French).

[tourismewendake.ca](http://tourismewendake.ca)



## sncewips Heritage Museum

**Where: Westbank, British Columbia**

Don't miss: Guided tours for groups

We provide guided tours for up to 30 people. During the tour you will learn about pre-contact, recent history and the important milestones for Westbank First Nation. We showcase a living museum space and educate our visitors with perspective that creates cultural awareness of the sylix nation in an open space which welcomes all questions!

[sncewips.com](http://sncewips.com)



## Blackfoot Crossing Historical Park Ltd

**Where: Siksika Nation, Alberta**

Don't miss: History and traditions of the Siksika (Blackfoot) Nation

Adventure into the past at Blackfoot Crossing, the site of the signing of the Treaty No. 7, and of national and international historical and archaeological significance. In 2007, Blackfoot Crossing was opened to allow visitors to immerse in authentic Siksika cultural experiences. The Siksika people invite you to embark on a spiritual journey through informative exhibits and tours! Enjoy a seasonal Indigenous menu and take in the dazzling performances. Visit Siksika Nation's proud heritage!

[blackfootcrossing.ca](http://blackfootcrossing.ca)



## Authentic Mi'kmaq Experiences

**Where: Lennox Island First Nation, PEI**

Don't miss: Three Authentic Mi'kmaq Cultural Experiences

Learn about harvesting porcupine quill and birch bark and why our people were once known as the "Porcupine People" while making a beautiful piece of quill artwork. Interested to hear what Mother Earth's heart beat sounds like? The beat of One Drum is the experience for you! Learn all about the supplies used while constructing your very own ten-inch Mi'kmaq hand drum. Last, but certainly not least, Bannock and Clams in the Sand is an experience like no other! Learn how to make our traditional bread Bannock and how we cooked it years ago.

[lennoxisland.com](http://lennoxisland.com)



## Destination Carcross

**Where: Carcross, Yukon**

Don't miss: Authentic Yukon Culture and History

Browse Carcross Commons for unique souvenirs locally made by artisans; hike and bike Montana Mountain; explore the Carcross/Tagish Learning Centre to learn more about the local culture of the Carcross/Tagish First Nation through guided tours and fascinating exhibitions. Feel amazed by the exceptional scenery and natural gems of our mountains, lakes, desert, beaches, fish, plants, birds and animals. Join us at the halfway point between Skagway and Whitehorse—Carcross is the "crossing" where all cultures can gather together. We welcome you on the Carcross/Tagish First Nation Traditional Territory; join us and be part of our story!

[destinationcarcross.ca](http://destinationcarcross.ca)



## Ojibwe Cultural Foundation

**Where: M'Chigeeng First Nation, Ontario (central)**

Don't miss: Artists' Studio

The Enaamijige Yaang (Our Vision) Studios offers in-house artists the chance to showcase their respective field of crafts and designs. Besides showcasing their craftsmanship, they offer drop in and scheduled workshops for groups or individuals, in crafts such as leatherwork, beadwork and quillwork. Each artist has been passed down their respective craft and designs from family members and communities, enriching Anishinaabe culture and traditions on Mnidoo Mnising (also known as Manitoulin Island) Anishinabek territory!

## The Micmac Interpretation Site of Gespeg

**Where: Gaspé, Quebec**

Don't miss: Trying your Hand at Traditional Crafts!

Participate in one of our creative activities such as crafting dream catchers, making porcupine quill jewelry or weaving cedar baskets and feel connected to the Mi'gmaq culture of Gespeg. Learn more about Mi'gmaq culture and the life of our Gespeg ancestors on a guided tour where you'll travel back to the year 1675 to understand how our ancestors lived throughout all four seasons.

[micmacgespeg.ca](http://micmacgespeg.ca)



## Kwanlin Dün Cultural Centre

**Where: Whitehorse, Yukon**

Don't miss: Cultural Tour with a Local Guide

Join us at the Kwanlin Dün Cultural Centre, where we celebrate the culture and traditions of the Kwanlin Dün First Nation. Come explore our exhibits, experience amazing festivals, meet our talented Artists-in-Residence and take a tour of our inspirational Centre with a guide from the Kwanlin Dün Nation.

[kdcc.ca](http://kdcc.ca)



## Musée des Abénakis

**Where: Odanak, Quebec**

Don't miss: Visit Kwigw8mna

Discover Kwigw8mna "our home"; an exciting new building outside the museum constructed as a reproduction of a traditional Abenaki house from the 19th century; a time of great change for our Nation where despite colonial pressure, traditional knowledge and values still held strong. Immerse yourself in the heart of Abenaki life in this unique space.

[museedesabenakis.ca](http://museedesabenakis.ca)



# E

## Art Expression Culture

Art has always been an integral part of the preservation and expression of culture in Indigenous communities. Indigenous art traditionally comes in many forms, from moose hair embroidery, painted caribou hide coats, and deer hide moccasins to porcupine quillwork on birch bark, burden straps of twined hemp, intricate beadwork, and colourful paintings. Contemporary Indigenous artists tap the history and heritage of their ancestors but also weave in social and political commentary...

BY NIKKI BAYLEY

# C

## Aurora Heat, Fort Smith, Northwest Territories

Share in the rich traditions of the Northern trapping lifestyle with Aurora Heat's fur warmers; durable, reusable and exceptionally soft and warm. Discover a traditional Indigenous solution to staying warm through winter with all-natural hand, foot and body warmers uniquely handcrafted by skilled artisans in the Northwest Territories. Founded by Brenda Dragon, in the small community of Fort Smith, Aurora Heat warmers offer the chance to experience an everyday luxury and Northern tradition as old as time. "Fur is part of our family's history," says Dragon. "You are welcome to make it part of yours."

### Meet the Maker

*All natural fur hand, foot and body warmers  
by Brenda Dragon*

"When we choose nature to meet our basic needs, we come closer to a balanced and sustainable life. Aurora Heat is a simple and natural way to keep warm, and it works exceptionally well," says Brenda Dragon. "As an Indigenous person, I am wholly committed to nature and a dedicated steward of the environment. I love creating and sharing natural and sustainable products, especially these ones that replace disposables. In our workshop at the end of each day, there is a no garbage in a bin; we use all pieces of each and every pelt. Helping support the local economy through employing mostly young adults in the community, Aurora Heat™ fur warmers are available both retail and online at

AURORA HEAT™



auroraheat.ca



## Awatin Aboriginal Art, Campbell River, British Columbia

Serving worldwide collectors of authentic Indigenous art from across the Northwest coast, the Awatin Gallery specializes in Indigenous jewelry crafted by local artists, and also showcases a wide range of paintings, carvings, masks and more. Family owned and operated by Darlene Smith and Mowisaht of the Ehattesaht First Nation, “We have our own in-house goldsmith who can create custom pieces to order, as well as recycle gold.” Says Smith.

### Meet the Maker

*Thunderbird Tiara by Mowisaht*

Mowisaht (Ernie Smith) was born in 1966 to the late Francis Smith of Ehattesaht (Nuu-chah-nulth) and Virginia Smith of We Wai Kai (Kwakwaka'wakw). Ernie was given a traditional name from both sides of the family: he carries the name Mowisaht as well as Gwa-gwa- da-kan. His first mentor was Dorie Brochie (his mother's cousin), who taught him how to carve. Next, he met late Russell Kwakseestahla who taught Ernie how to carve and make knives. In 2015 he took the Metal Jewellery Design Course at North Island College and earned himself a place on the Dean's List. In 2017 he returned to the College as an instructor for the program. Today, Ernie is a full time Jewelry artist who designs unique pieces creating rings, bracelets, pendants and earrings often fusing silver and gold with stones in unusual settings. All of his designs are engraved with Original Native Artwork.

[awatinart.com](http://awatinart.com)



## I-Hos Gallery, Courtenay, British Columbia

Cedar. Silver. Gold. The culture of the K'ómoks First Nation is expressed through their art, and the 100% K'ómoks First Nation-owned I-Hos Gallery is a hub for traditional and contemporary Northwest Coast artwork and crafts. Located next to the Ceremonial Big House on the K'ómoks First Nation band lands on Vancouver Island where many of its dance and other cultural activities take place, I-Hos Gallery provides visitors with an education in the culture—both traditional and contemporary—of First Nations artists of the Northwest Coast. “More and more, people are looking for connection,” says Ramona Johnson, who has managed I-Hos Gallery since it opened in 1995. “They want artwork that is meaningful to them.”

### Meet the maker

*Bracelet by Chris Cook III*

Chris Cook III is from the Namgis tribe, Kwakwaka'wakw Nation, his traditional name is 'Ogwila'gamey. Born in Alert Bay B.C. Chris was an avid sketch artist in his youth, he took a beginners' silversmithing course at Camosun College and since 1999 he has been using his metalworking background and applying it to Northwest Coast jewelry making. Chris' biggest artistic influences and philosophies have come from Francis Dick, Hereditary Chief Adam Dick, and Bulgarian Master Silversmith Valentin Yotkov; Chris was fortunate to study chasing and repoussé in various parts of the world.

[ihosgallery.com](http://ihosgallery.com)



## Moonstone Creation, Calgary, Alberta

Moonstone Creation is a truly authentic Aboriginal Art Gallery, where the majority of the items are made right in the store. Opened June 8, 2009 by Cree artist Yvonne Jobin and her daughter Amy Willier, Moonstone Creation began with just a handful of artists and has now grown to represent over 50 Indigenous artists primarily from Western Canada. Moonstone Creation promotes traditional art in local schools and corporations, and offers in-house workshops on everything from beading to fish-scale art. “Our passion is to inspire other artists, to teach people the value of our traditional Art forms and to continue to create authentic art ourselves.” Says co-owner Willier. “We're very much about the appreciation of Native art, not the appropriation of Native art.”

### Meet the Maker

*Strike a Lite pouch by Yvonne Jobin, Traditional Artist, Designer & Spiritualist.*

Yvonne's considerable knowledge of traditional native culture and spirituality is reflected in her art work. Whether her work is for traditional use, or for collectors, museums or major motion pictures, all of her art reflects a respect for the gift of nature, the land and humankind's need to live in balance with creation.

[moonstonecreation.ca](http://moonstonecreation.ca)



## Six Nations Tourism

Just beyond South Ontario's Greater Golden Horseshoe, discover the Six Nations of the Grand River, the most populated First Nation in Canada. Explore our history and vibrant living culture; learn traditional skills such as archery and paddling; shop for one-of-a-kind crafts and artworks.

Truly a place to see!

#SeeSixNations

[sixnationstourism.ca](http://sixnationstourism.ca)

## Nunatsiavut Tourism

Nunatsiavut is a land of **adventure** and cultural discovery. Many experiences await. There is something special for every type of traveller to discover! Experience and learn from Inuit when visiting Nunatsiavut; whether it be hearing stories while visiting one of our communities, taking in the scenery along one of our boardwalks or visiting The Torngats, you'll discover Nunatsiavut has something to offer to everyone.

[tourismnunatsiavut.com](http://tourismnunatsiavut.com)

## Yukon First Nations Culture and Tourism

When you visit the Yukon, you can learn about the culture and history of local First Nations at our eight thoughtfully designed cultural and interpretive centres. Designed for visitors to learn about local First Nations culture and history through fascinating exhibits, vibrant cultural demonstrations and storied interpretive programming. Don't miss out on a chance to connect with friendly locals!

[yfnc.ca](http://yfnc.ca)





OUR HISTORY  
OUR HERITAGE  
OUR HONOUR

EXPLORE  
INDIGENOUS  
CANADA

A top-down photograph of two heads of garlic on a dark grey, textured surface. The garlic heads are positioned in the lower-left and lower-right quadrants. Scattered around them are numerous small, irregular crystals of pink and white salt. In the bottom right corner, there are some green leafy herbs and a small portion of a yellow object, possibly a lemon. The lighting is soft, highlighting the texture of the garlic and the salt crystals.

# CULINARY

Food has the power to unite us. When we sit together and share a meal, we talk and listen and grow closer. From bannock basics to pre-colonial cooking, honouring the Four Food Chiefs and an easy way to make a classic bison carpaccio, meet four chefs expressing their Indigenous roots through their culinary skills.





# The Evolution of an Indigenous Chef

As opening executive chef at Fogo Island Inn's Dining Room, Murray McDonald scored a raft of awards for his 'New Newfoundland' cooking from ingredients foraged from the land and sourced from the icy sea, including a place on Air Canada enRoute's 10 Best New Restaurant list and the prestigious World's 50 Best by Diners Club Discovery Series. But in his move to The Bear, the Fish, the Root and the Berry at Spirit Ridge Resort in Osoyoos, chef McDonald is doing more than swapping icebergs for the desert, he's discovering his Indigenous roots.

BY NIKKI BAYLEY

"There was a part of my family which I didn't even know existed." Explains McDonald. "I was a teenager when mum told me that her mum's heritage was in the Indigenous People of Labrador. Living in Newfoundland and being a mixed Indigenous woman back in my grandmother's time, she wouldn't talk about it and she hid it. My mother started looking into her roots after my grandmother died, and she traced her family back to my great, great grandmother who was Innu. It seems like she was taken from her people by Christian missionaries and given to 'a good Christian family' to raise and those roots were cut. It was history I should have known about and been brought up with."

It was a chance meeting with an Indigenous chef that started McDonald on his path to the Okanagan, "I cooked a lot over the fire and foraged at Fogo Island, and he said, 'Chef, you're cooking Indigenous food.' And he was right, I just felt like I was getting back to Newfoundland food, but it was deeper than that." That meeting led to a variety of collaborations and projects promoting Indigenous cuisine, but eventually McDonald felt that it was time to go somewhere new and really commit to Indigenous cooking and the opportunity at Spirit Ridge seemed the perfect fit.

"I saw this role and thought, yes, it's on Osoyoos Indian Band land and it was a chance to do Indigenous food. We were talking about names, one of the names proposed was The Bear, the Fish, the Root and the Berry; I said if you call it that, I'm on board! It's the coolest name ever. It's the story of the four food chiefs and that's reflected in our menu. I love that the children in the schools here even learn all about the food chiefs, my kids have been harvesting berries, releasing salmon and picking bitterroot!" McDonald believes that Indigenous culture and food go hand in hand, "It's about being a survivalist," he explains. "It's why Indigenous cultures have such mad respect for the land; if you don't take care of it, you won't live. And there's that same respect for Elders too, because they teach you how to survive, which you then pass on."

Reflecting on his journey back to his Indigenous roots, McDonald is humbled by the welcome he's received: "I've been reaching out to meet new people and learn more and they all want to teach me things and tell me stories. For people who have been through such hardship to be so welcoming it just shows the kind of heart and soul that they have."

BACK TO BASICS WITH

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# Kū-Kūm Kitchen's chef Joseph Shawana

BY NIKKI BAYLEY



Raised by his Odawa Nation family on the Unceded Wikwemikong Reserve on Manitoulin Island, classically-trained chef Joseph Shawana's original Kū-Kūm Kitchen was a small 20-seat restaurant in Davisville, Toronto serving up a critically acclaimed blend of Indigenous ingredients with classic French techniques. His newly opened Kū-Kūm Kitchen is five times bigger and has a brand-new guiding principal too, serving only pre-colonial, pre-contact foods, which means no beef, pork, chicken, gluten or dairy.

"We'll be focussing on Turtle Island as a whole," Shawana tells me, "So that's all of North America down to Panama. There used to be a trade route all the way down to the Incas; they have the exact same stories with the 'Three Sisters' of beans, squash and corn as we do."

Storytelling is the thread that connects Shawana with traditions of the past, "Reclaiming our food is very important to Indigenous people. We need to find those dishes that were eaten and learn how they were made. Nothing was written down as we have an oral tradition, but with the help of Elders, and talking with harvesters from Forbes Wild Foods who partner with First Nations communities to harvest Indigenous ingredients in a sustainable way I'm navigating the past and learning how things were made and processed."

That includes making flour from ingredients such as blueberries or squash, which get dried then ground to make a fine flour for breads and crackers. Shawana is also using natural thickeners such as bear root, wild parsnips or sunchokes to add to tasty soups and stews. "I don't like to define 'Indigenous Cuisine'," he says, "It's more about what's local and regional. Here in Ontario we have the full four seasons and our traditional ingredients are more hunted and foraged: deer, goose, rabbit and moose, and mushrooms, berries and roots."

The new Kū-Kūm Kitchen offerings will, of course change seasonally, but highlights from this pan-Turtle Island, pre-contact menu look to include slow-roasted pulled bison rib tamales and juicy fire-roasted rabbit, "I love long slow braises," says Shawana, "You get more tenderness from the meat that way; tough cuts like the leg just have more flavour, perfect to cook slowly with that bone in."

**"Reclaiming our food is very important to Indigenous people. We need to find those dishes that were eaten and learn how they were made..."**  
—Joseph Shawana





**Bill Alexander,  
Executive Chef at  
Little Chief Restaurant,  
Grey Eagle Resort  
& Casino.**

BY NIKKI BAYLEY

“I have a philosophy rather than a culinary style; it’s about the relationship that we have with the terroir and the land and being in tune with Mother Nature. Animals are more than food, for my Nation they are spirit animals and have many layers of significance, not just nourishment. In the Indigenous way of life, we are taught to respect animals, and eating them is not our right, it’s a privilege.

Bison is very special and sacred to us, traditionally we’d use every aspect of that for survival to show that it didn’t sacrifice in vain; we’d use its bones to make for tools for hunting, its hide to make clothes, everything. If you eat it there are massive health benefits—it has almost seven times more protein and 85% less fat than ground beef! Here’s one of my favourite bison recipes, which is still easy to make at home and everyone will love.”



## Indigenous Inspiration...

# Smoked Bison Carpaccio

### Ingredients

#### **Carpaccio & Dry Rub Ingredients**

1 Bison Striploin  
(cleaned & trimmed)  
100 g Brown Sugar  
100 g Salt  
2 tbsp Black Pepper  
1 tbsp Fresh Ground Juniper  
25 ml Liquid Smoke

#### **Charred Shallot Aioli**

5 Egg Yolks  
150 ml Dijon  
30 ml Lemon Juice  
100 ml White Vinegar  
700 ml Vegetable Oil  
8 Charred Shallots  
Salt & Pepper to Taste

#### **Garnish**

1.5 oz Grana Padano Cheese  
(shaved into long strips with peeler)  
Saskatoon Berries  
Lemon Zest (grated over top)  
Fresh Black Pepper  
Smoked Paprika  
Salt & Pepper to Taste

### Method

#### **Carpaccio**

Mix together sugar, salt, pepper, juniper until evenly blended. Then add in liquid smoke and mix to a fine paste.

Evenly spread paste over bison striploin and let sit in fridge for 12 hrs.

Remove from fridge, do a quick wash to remove dry rub ingredients. Then pat dry.

Lightly sear each side of the striploin on high heat for 30 seconds. (Best in a cast iron pan).

Place seared bison striploin in freezer for 1 hour (this will help firm up to slice).

Remove from freezer 10 min before wanting to serve. Then with a sharp knife slice the carpaccio to desired thickness and begin to place around the serving platter in a single layer (these will thaw very quickly after sliced).

#### **Charred Shallot Aioli**

Char shallots in sauté pan until blackened.

Puree shallots with egg yolks.

Make standard aioli by slowly adding in vegetable oil into egg yolk and shallot puree.

Then add white vinegar to thin out thick puree.

Season with salt and pepper, and lemon juice.

#### **Final Plating & Garnish**

After slicing and placing carpaccio on platter, sprinkle smoked paprika over top, with fresh black pepper, and grated lemon zest.

Then top with saskatoon berries and place dollops of charred shallot aioli evenly over the carpaccio. Finish with shaved grana padano cheese. Serve with taro root chips, crostini, or crackers. My favourite is bannock crisps!

# THE BANNOCK BUSINESS

BY NIKKI BAYLEY

There's something unifying in all cultures about fried bread; whether it's Mexican sopapillas, fried Irish soda farls, or the ubiquitous North American frybread or bannock, wherever there is fried bread, there's good eating! "It tastes good, and fresh out of the pan it makes you feel good. It's just one of those great things that brings people together!" says Kekuli Café co-owner Sharon Bond who 'jumped into the bannock biz' in 2004 to sell bannock from a window at a small concession stand. Fast forward 15 years later and Kekuli has grown to a franchise in Merritt with a second on the way, a food truck—the Bannock Mobile!—and a busy café with a bright patio in Westbank, Okanagan.

"When we opened our café in 2009, I had no idea whether we'd succeed." says Bond. "I used to Google 'First Nations food + restaurants' but I couldn't find anything. I just wondered, 'who's gonna come for bannock?' But when we opened there were line-ups for weeks on end!" Years later those crowds hungry for the taste of fresh-made bannock still

come, and there's plenty of first-time bannock eaters in the mix too.

Bond and her team are used to explaining to the uninitiated what bannock is, "I tell them it's a kind of bread; we stretch it, fry it but it's way better than a doughnut! Bannock was a survival bread for many Indigenous People and they needed to make it taste good, one of my Nooaitch Nation elders told me that traditionally they would add bitterroot, or sunflower stems to it to thicken the bannock, or they'd add Saskatoon berries for sweetness, which grow in abundance on our traditional territory."

You can taste those Saskatoons on the menu in salad dressings and delicious fruity iced teas too along with other traditional ingredients including wild smoked salmon, venison and of course sweet syrup on the maple-glazed bannock that's so good you'll give up fast-food chain doughnuts forever! Coffee comes from the Indigenous-owned Spirit Bear Company and you can also sip wines from neighbours Indigenous World Winery and Osoyoos-based Nk'Mip.



**Sharon Bond,**  
**Kekuli Café**  
**co-owner**



BANNOCK BURGER AND  
SASKATOON ICED TEA

So, what's next for Bond's thriving fast-casual bannock biz? "I want Kekulis across Canada!" she grins. "We are so versatile, bannock works for everyone and every community has its own recipe; here in BC our most popular item is our wild salmon breakfast bannock, imagine the traditional foods of Alberta with bison, or even moose in Newfoundland?!" If you're craving a taste of Bond's fluffy, fresh-made, hot-from-the-pan delights, take heart in the company motto: 'Don't panic... we have bannock!' hopefully available soon across Canada!





PHOTO: AMIS DU MUSHUAU NIPI - FRANÇOIS LÉGER SAVARD

Sleep soundly in a teepee under the twinkling stars, far from the lights of the city... Indulge in the luxury of a spa hotel with award-winning dining... Roll the dice and enjoy the glamour of a evening at the casino, taking the elevator to a designer suite at the end of the night.

Indigenous accommodation comes in every shape and form from rustic cottages to ultra-modern boutique hotels, but one thing is always the same: a warm, authentic welcome.

# ACCOMMODATION



# AND SO, TO BED.

BY GAIL JOHNSON

# That touch of luxury



## Quaaout Lodge & Spa at Talking Rock Golf Course

**Check in** to the 70-room resort located halfway between Vancouver and Calgary in the Secwepemc territory with sweeping views of Little Shuswap Lake. **Check out** the spectacular professionally designed forest-to-lakeshore golf course, complete with 16-acre grass-tee driving range and terrific on-site restaurant.

## Natakam Condos-Hôtel Sur Mer

**Check in** to one of 32 fully equipped condos overlooking the St. Lawrence River in the traditional territory of the Innu community of Essipit, which translates as “river of shells”. **Check out** the nearby cottages at Chalets De L’Anse-À-Jos et À Yves and Chalets Shipek, all prime locations for whale-watching.



## Westin Calgary Airport

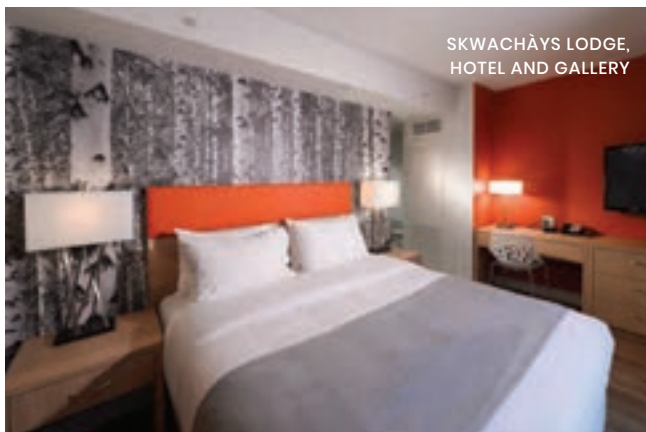
**Check in** to the five-storey hotel with views overlooking the city skyline or Nose Hill Park that’s jointly owned by PHI Hotel Group and Siksika Resource Development. The latter is the business group of the Siksika Nation, a member of the Blackfoot Confederacy.

**Check out** the collection of striking photographs depicting Blackfoot culture displayed throughout the hotel and curated by Siksika multimedia journalist Bert Crowfoot.

## Lodge on the Point

**Check in** to a private log-and-knotty-pine cabin right on Manitou Lake which is part of 6,000-year-old Anishinaabe canoe route. Situated about 420 kilometres north of Toronto in the Temagami mountain range, the resort may be off-grid, but it offers solar-powered electricity and amenities like Wi-Fi. **Check out** the guided fishing trips for lake trout, pike, and bass or the Grand Entertainer pontoon boat for a more luxurious way to explore the crystal-clear water.

**Get pampered in a spa...  
Tee off with a game of golf...  
Feast on award-winning cuisine...**



SKWACHÀYS LODGE,  
HOTEL AND GALLERY

## Skwachàys Lodge, Hotel and Gallery

**Check in** to the boutique hotel in downtown Vancouver that's operated as a social enterprise by the Vancouver Native Housing Society and geared to socially responsible travellers. It provides a monthly subsidy for 24 Indigenous artists' live/work studios, with the lodge's 18 suites featuring installations created by local First Nations artists in collaboration with leading hotel designers. **Check out** the rooftop sweat lodge and smudge room that are used for spiritual cleansing.

## Metepenagiag Lodge

**Check in** to the cedar lodge (also known as Red Bank Lodge) perched above the confluence of the Little Southwest and Northwest Miramichi Rivers. It takes its traditional name from the Mi'kmaq phrase meaning "from the high banks of our river". **Check out** the walking trails that lead to Metepenagiag Heritage Park, which honours New Brunswick's oldest prehistoric village.

## St Eugene Golf Resort and Casino

**Check in** to the 125-room Spanish colonial-styled resort in the former St. Eugene Mission, a residential school for First Nations youth. Nestled in the traditional territory of the Ktunaxa Nation, within B.C.'s Kootenay region, it's the only project in Canada that has transformed a symbol of a painful, difficult past into an international destination that offers learning about Indigenous history alongside rest and relaxation. **Check out** the par 72 championship golf course, which offers views of St. Mary River, Fisher Peak, and the Rocky Mountain Trench.



ST EUGENE GOLF  
RESORT AND CASINO



HOTEL-MUSÉE  
PREMIÈRES NATIONS

## Hotel-Musée Premières Nations

**Check in** to the four-star boutique hotel on the banks of the Rivière Akiawenrahk' in Wendake, the self-governing territory of the Huron-Wendat Nation 15 minutes from downtown Quebec City. **Check out** the on-site Huron-Wendat Museum and the Ekionkiestha National Longhouse, where you can hear storytellers share some of the history, culture, and legends of the Huron-Wendat and even spend the night.

## Hôtel Boutique Atelier Atikuss

**Check in** to the quaint nine-room hotel in Sept-Îles, Quebec, on the traditional territory of the Innu Takuaiakan Uashat Mak Mani-Utenam, who have occupied much of the Quebec-Labrador peninsula for the last 7,000 years. **Check out** its First Nations Art Gallery, which features work by Innu artisans. Of particular note are Atikuss' Boots of Hope, leather footwear made by women as a way of honouring their Indigenous roots through ancestral methods of tanning, beading, and weaving.

# Rustic Accommodation

## Appalachian Chalets & RV

**Check in** to one of the detached, boldly coloured chalets or fully serviced RV sites that have access to showers and laundry at this outdoors-oriented resort in Corner Brook, Western Newfoundland. **Check out** the miles of ATV, snowmobiling, hiking, cross-country skiing, and snowshoeing trails, some with ocean views and others that follow an abandoned railway line.

**Rise to the sounds of nature... Stride from your tent or teepee to the trails... Live life at a slower pace surrounded by wild nature...**



## Black River Wilderness Park

**Check in** to a tent site, RV spot, cabin, yurt, or tipi at the campground owned and operated by the Chippewas of Rama First Nation. The Black River meanders through the 180-acre property located 90 minutes north of Toronto. **Check out** the Indigenous cultural experiences such as medicine walks and tipi-building.

## The Bears Inn

**Check in** to the 13-room hotel in Ohsweken, Ontario, which is within walking distance to Six Nations of the Grand River, the most populated First Nation in Canada. **Check out** the Woodland Cultural Centre, which was established as a non-profit heritage and educational site in 1972 after the closure of the Mohawk Institute Residential School.



KLUSKAP RIDGE  
RV & CAMPGROUND

## Kluskap Ridge RV & Campground

**Check in** to a tipi or cabin, or set up your tent or trailer instead, at this Cape Breton Island site right on the Cabot Trail. The resort takes its name from a Mi'kmaq myth. **Check out** paint nights, pottery demonstrations, and kids' rock and wood crafts.



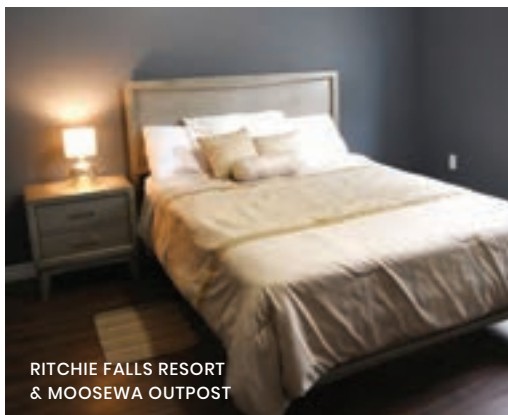
PIRATES HAVEN RV  
PARK & CHALETs

## Pirates Haven RV Park & Chalets

**Check in** to the ATV-centred adventure resort on the Trans-Canada Trail in Robinsons, Newfoundland, with mountain, river, and ocean views. **Check out** the five major salmon rivers nearby for prime fly-fishing and the fly-tying workshops for kids.

## Ritchie Falls Resort & Moosewa Outpost

**Check in** to a cabin at Ontario's Ritchie Falls Resort or its outpost camp at the jointly operated social enterprise rooted in the values and traditions of the Anishnawbek First Nation. **Check out** the canoe, kayak, boat, snowmobile, ski, and snow-shoe rentals.



RITCHIE FALLS RESORT  
& MOOSEWA OUTPOST



HÉBERGEMENT  
AUX CINQ SENS



HÉBERGEMENT  
AUX CINQ SENS

## Hébergement Aux Cinq Sens

**Check in** to a heated yurt, tent hammock, cabin, or bed & breakfast at this forested Quebec resort near Lake Megantic, run by members of the Huron-Wendat Nation. **Check out** the stars lighting up the sky at night or the sweat lodge of the Great White Bear.

# Casino Stays

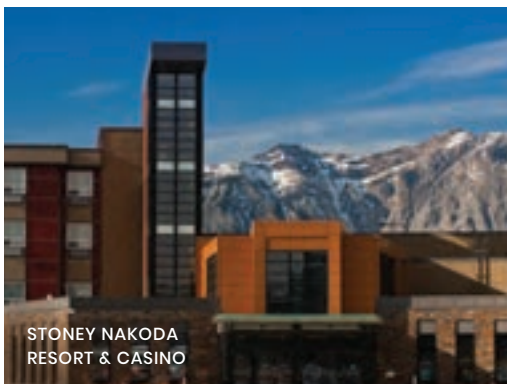


## Grey Eagle Resort & Casino

**Check in** to a spacious, contemporary hotel room at the Tsuut'ina First Nation resort, a five-minute drive from downtown Calgary and less than an hour from Banff and Kananaskis Country. Formerly part of the city of Calgary, the land was ceded back to the nation in the 1990s. **Check out** the all-ages, non-smoking Event Centre, which hosts world-class concerts and appearances by the likes of UB40, Slash, and Anderson Cooper.

GREY EAGLE  
RESORT & CASINO

**Feeling lucky?... Watch the magic of a live show.... Roll the dice...**

STONEY NAKODA  
RESORT & CASINO

## Stoney Nakoda Resort & Casino

**Check in** to the 92-room, 18-suite resort 35 minutes west of Calgary, near Canmore and Banff and surrounded by the spectacular Rocky Mountains, on the traditional territory of Alberta's Nakoda First Nation. Nakoda means "friend", and the Nation is made up of three bands: Bearspaw, Chiniki, and Wesley. Explorers came up with the nick name "Stoney" because of the way they used fire-heated rocks to boil broth in rawhide bowls. **Check out** the indoor pool, waterslide, and hot tub or Alberta's only fusion hybrid gaming, which gives players the opportunity to wager concurrently on multiple games at once on a single terminal with the touch of a finger.

## Casino Rama Resort

**Check in** to a luxury suite inspired by Muskoka cottages and decked out with a living area and gas fireplace. Ontario's only First Nations resort casino is situated on nearly 2,500 acres of land belonging to the Chippewas of Rama First Nation, which has been known as the gathering place for millennia. **Check out** the "great indoors", with 2,200-plus slot machines, more than 85 gaming tables, indoor salt water pool and hot tub, and spa.



CASINO RAMA RESORT



CASINO RAMA RESORT

# EXPERIENCES

Paddle a kayak. Pick medicinal plants in the forest. Star gaze by canoe. Dance at a Pow Wow. Mush sled dogs through the boreal forest. Sleep in a teepee. Join a guided hike through the Rockies. Sail traditional waters on a fishing trip. Soak in hot springs. Learn to play the hand drum.

The Indigenous population in Canada is made up of Inuit, Métis, and some 634 different First Nations. Each has their own distinct Traditional Knowledge, Culture and heritage, along with their own language, art and music. With a myriad of Indigenous experiences from coast to coast to coast, whether you have a few hours or a few weeks to spend learning more about different Indigenous ways of life and living, there's something for everyone to enjoy.





Lakemajong

Mudmoo Lake

Lake Manitowish

# MANITOWISH ISLAND

Lake Huron

Explore  
Manitoulin

in  
**5 DAYS**  
of Fun

Manitoulin Island is unique in the world; it's the planet's largest freshwater island, dotted with more than 100 inland lakes and home to a vibrant Indigenous population. Follow this five-day itinerary to explore some of the best the island has to offer and learn about the First Nations which calls it home.

By Jennifer Billock

## DAY 1

Before hitting Manitoulin Island, ditch your car in favour of a more open-air excursion. [Mukwa Adventures](#) offers four-hour ATV tours around its home base in Spanish, Ontario. All the equipment and training you need is included, and you'll have an experienced guide with you to explore an extensive trail system. Bring some towels for the car in case you end up mudding! Mukwa is open year-round.

Tonight, rest up at Whitefish River First Nation's [Rainbow Lodge](#)—located at the gateway to Manitoulin, about 10 minutes north of Little Current. The lodge was built for a 1969 TV show, but it also offers a spiritual experience; from the property, you can see Dreamer's Rock, an Ojibwe sacred area for young people who go there to fast and receive visions.

## DAY 2

## DAY 2

In the morning, drive into Little Current and check in at the [Manitoulin Hotel and Conference Centre](#), where modern lodging meets First Nations traditions. The First Nations of Manitoulin Island inspired the property's entire design, and guests can purchase packaged Indigenous experiences. Enjoy a guided nature hike with the hotel staff before stopping in at [Manitoulin Brewing Company](#) for a drink. The beers here are named for local landmarks, like Bridal Veil Falls and the Swing Bridge, plus, the brewery has a partnership with a local food truck, so you'll have something to pair with your suds.

If you'd prefer more rustic accommodations, spend the night at [Endaa-aang Tourism](#). The Aundeck Omni Kaning First Nation opened this property in 2001 with the mission of allowing tourists to experience the surrounding natural and cultural environment. Six cabins (two on Bedford Island) are available, but try camping in one of the teepees to really connect with the land around you.

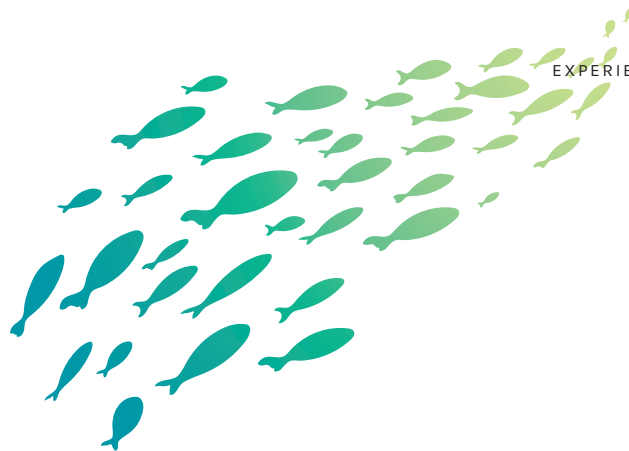
Check out of your rustic teepee and into a posh one at [Spirit Island Adventures](#). This luxury glamping outfit provides fully furnished teepees within the M'Chigeeng First Nation, complete with wood floors, comfortable beds, and sweetgrass braids on the pillows. Also onsite is the [Great Spirit Circle Trail](#) tour company. Indigenous guides lead every tour here, whether it's something light like a drum circle or medicine walk, or a more adventurous outing like a canoe heritage tour or two-hour hike.

## DAY 4

Get an early start with a hunting or fishing excursion with [Island Sunrise Cottages](#). The four-hour fishing trip option gets you a 23-foot boat with top-of-the-line equipment and a galley to cook your catch. Hunters can choose from bow, rifle, or muzzle-loader packages—all include a few nights of accommodations if you wish to extend your stay.

Spend another evening glamping in Spirit Island Adventures' luxury teepees. But before you go to bed, stop by [Neon Raven Art Gallery](#) to enjoy both the building and the art. The owners, the Beam family, built the gallery from adobe bricks they made from locally sourced clay—a perfect backdrop for the paintings, prints, and sculptures that fill the gallery and dot the property.

Try camping in one of the teepees to really connect with the land.



## DAY 5

If you went hunting yesterday, start the last day of your Manitoulin Island vacation on a boat with [Wasse-Giizhik Tours and Accommodations](#). Take an historical look at eastern Manitoulin with the Zhiibaanaaning tour. You'll hear legends of the traditional Anishnaabek trading routes and explore Skull Point, a 17th century battle site.

Afterwards, head to Wikwemikong Territory where you'll find both the [Mishibinijima Private Art Gallery](#) and the [Debajehmujig Theatre Group](#). The gallery features the work of James Simon Mishibinijima, a First Nations artist whose work focusses on mountain scenes and pictograph-style symbols.

Close out your trip with a show at the theatre. Debajehmujig, the only professional theatre company in a First Nation's community, performs original works with a distinctly Anishnaabag/Chippewa Nation worldview. Through the performances, you'll hopefully be able to understand more clearly the intricacies of Indigenous life on the island.

NAIKOON PROVINCIAL  
PARK, HAIDA GWAI



# Lose Yourself in... Immersive Travel

Take a few days—or even a few weeks—to dive deep into the incredible culture and natural beauty of these Indigenous experiences...

By Amanda Castleman





OCEAN HOUSE

## HAIDA GWAI

This remote, torch-shaped archipelago sprawls off British Columbia's northern coast, about 50km from Alaska's southern tip. Eagles soar over old-growth rainforest here and you'll find some of the world's largest spruce and cedar trees. Settled at least 8,000 years ago, Haida Gwaii rejoices in a rich and complex culture, and is especially renowned for its totem poles, many of which still stand sentinel over abandoned villages.

Explore the islands from **Haida House at Tllaal**, a ten-room cedar lodge on the eastern coast of Graham. Steps away from windswept dunes and a sandy beach, this

property provides access to some of Haida Gwaii's oldest heritage sites. Haida House offers up the chance to experience cultural packages that can include everything from private weaving classes to dinners drawing on traditional cuisine such as berries, smoked wild salmon and *k'aaw* (herring roe on kelp). The ten-day option includes three nights at its sister property, **Ocean House**. Helicopter into this luxurious floating eco-lodge in Stads K'uns GawGa (aka "Peel Inlet") on the rugged west coast. Also 100% Haida-owned, this chic retreat even has a spa, offering kelp body wraps and sea-salt body scrubs.

## EASTERN CANADA

Just a few kilometres from Montreal's Olympic Stadium lies **Amishk Aventures Amérindiennes** (Amishk Aboriginal Adventures), a First Nation site in the Laurentian forest. Guests sleep in tipis with fire pits or prospecting tents warmed by woodstoves. Meals incorporate local dishes such as hare stew, wild rice, bannock (fry bread) and even beaver. Fuel up! Amishk keeps visitors busy with activities from hiking to canoe trips, along with craft workshops. Expect in-depth storytelling and cultural interpretation, featuring three of the 11 Indigenous cultures of Quebec: Innu, Atikamekw and Anishinaabek.

The province is also home to **Domaine Notcimik**, a former moose-hunting territory for the Atikamekw of Haute-Mauricie, still occupied by one family from the Nation. Bring your own tent or rest your head in a teepee, hunting cabin or reserve the cozy 12-person chalet. Multi-day packages dig deep into the traditional culture of the Atikamekw, from sage purification and a medicinal plant workshop to sweat tents, trapline tours and stargazing by canoe. Even your taste-buds get immersed with delicious raisin bannock and maple syrup for breakfast! The site also invites Atikamekw craftsmen to create different objects of cultural heritage, such as birch bark baskets and moose-skin mittens, which are sold in the boutique. Don't have time to linger? Domaine Notcimik also welcomes day trippers to swim, canoe, fish, hike, snowshoe and cross-country ski.

In Newfoundland and Labrador, **The Sha Ma Sha Centre** invites guests to reconnect with nature and humanity. Owner Daphne March draws on her Mi'kmaq heritage, sharing old stories, traditions and foods. In autumn 2019, she will launch five-day packages that include yoga, drumming, meditation, sacred circles and smudging under a birch tree. "After hikes, we'll do a foot bath of mint, sage, thyme, basil, lavender and

lemon balm," March says. "Studies show one of the world's biggest problems is loneliness. We want to heal that." The centre's name honors her father, who lived off the land. "*Sha ma sha*' was a household word when I was growing up—I never knew the precise meaning... just that it conveyed comfort and the spirit of human connection. Now I'm giving the phrase new life."

To the north in Nunavik, immersive travelers delight in **Aventures Inuit** (Inuit Adventures). It represents 14 local cooperatives throughout the territory, employing Indigenous guides intimately connected to their communities and the land. These experiences also include meetings with elders and artists, exploring the area's contemporary traditions.

Capture the majesty of caribou, musk-ox and polar bears, the "big three" of Arctic wildlife, on a weeklong photo safari in a motorized canoe. Explore the tundra—abloom with tiny flowers—keeping an eye out for seals and beluga whales in the Payne River. Geology buffs might prefer a trip to the Nuvvuagittuq Greenstone Belt on the shores of Hudson Bay: the oldest surviving rock formation on earth. Or hop on a dog sled outside the village of Kuujuaq, stopping to sample "country food" like ptarmigan stew and an Arctic char fillet. And whatever adventure you choose, watch for the surreal, shimmering Northern Lights as they race across the wilderness sky!

DOMAINE NOTCIMIK

AMISHK AVENTURES  
AMÉRINDIENNES

**“Sha ma sha’ was a household word when I was growing up—I never knew the precise meaning... just that it conveyed comfort and the spirit of human connection. Now I’m giving the phrase new life.”** –Daphne March



DAPHNE MARCH

## Nunavik Tourism

If you're a nature lover, you'll be inspired by Nunavik. From truly wild tundra, taiga forest, scenic mountains, untamed rivers and countless lakes, this unspoiled region stretching above the 55th parallel is the scene of your next adventure! See legends come to life in intricate soapstone carvings, hear mesmerizing throat singing and take back home tales that will last forever through the stories of our Elders.

[nunavik-tourism.com](http://nunavik-tourism.com)

## Indigenous Tourism Alberta

Experience the unique traditions of Alberta's First Nations and Métis people. Hear legends over tea and bannock around the campfire. Spend the night in a tipi under the Northern Lights, or horseback ride with an Indigenous guide into the Rocky Mountains.

[indigenoustourismalberta.ca](http://indigenoustourismalberta.ca)

## Quebec Aboriginal Tourism

KWAĪ, KWEI, KUEI, WACHIYEH, WACHIYA, ULLAAKKUT, SKÉ:KON, HELLO, BONJOUR! With 11 Nations and 55 communities, Indigenous Quebec has plenty to explore! Discover Wendake and their amazing Hôtel-Musée Premières Nations, try wildlife watching with the Innu Nation of Essipit, feel inspired by modern art at the Mashteuiatsh Museum, hear legends of the North with the Inuit people of Nunavik or cast off for world-class fishing experiences with the Cree people of Eeyou Istchee.

[tourismeautochtone.com](http://tourismeautochtone.com)

## Indigenous Tourism Ontario

When travelling to Ontario, one must try local Indigenous food. There's no better way to experience and learn about a region than to try new food. Even if you have no idea what it is... But do ask about the story behind what you're eating. Indigenous food is whatever's available and in season; try the fiddle heads; the morels; the fish; the maple syrup; you won't regret it!

[indigenoustourismontario.ca](http://indigenoustourismontario.ca)

If you're  
into  
experiences...



It only takes  
a moment for  
*everything*  
*to change*

The flip side of a multi-day experiential trip? Just take a morning or afternoon to dive into an Indigenous experience... whether it's striding out into the Rockies with a Métis guide, learning the secrets of the boreal forest on a Medicine Walk, attending a Pow Wow, or flying through the snow on a sled pulled by happy huskies. Choose your own mini-adventure!

BY NIKKI BAYLEY

# Pow Wow



## Take a Transformational Forest Walk!

From making plant-based medicine to learning bush craft survival skills or mastering the art of crafting moccasins, Mahikan Trails will guide you to explore the world from a different perspective. Year-round you can join them in the boreal forest just 30-minutes from Banff or 70-minutes from Calgary to see the world of the woods through a Cree lens. Learn the fascinating history and practical uses of the medicinal plants, trees and flowers that thrive in picture-perfect Canmore and feel the forest come alive as you see beyond the everyday to understand the significance of the land, the animals and living traditions of your Indigenous guide.

[mahikan.ca](http://mahikan.ca)

## Move Your Body to the Beat of the Drum

The rhythm is contagious; tap your feet and clap your hands as the drummers play traditional songs, and dancers in a rainbow of feathered, jeweled and intricately beaded Regalia spin and stomp in time. Welcome to the annual Wendake International Pow Wow, celebrated each summer welcoming Indigenous Nations from across North America to compete in drumming and dancing contests. Feast on wild game and Pow Wow bannock treats; browse unique handicrafts in the artisan fair, dance all night to Indigenous DJs playing the latest 'pow wow step' tunes, all just 20 minutes away from Quebec City.

[tourismewendake.ca/pow-wow](http://tourismewendake.ca/pow-wow)



# Jasper Tour Company

## See the Rockies Like Never Before

Choose your adventure with the Jasper Tour Company in the shadow of the Canadian Rockies, known to the Indigenous people in Alberta as the Shining Mountains or the Backbone of the World. Join co-owner and head Métis guide, Joe Urie and his wife, Patti and hear stories of the mountains, rivers, plants and animals. Explore the world of the Athabasca River; thrill to wildlife sightings of bear, elk, moose and wolves, marvel at the beauty of the sacred place that the Stoney Nakoda People call 'Chaba Imne' (Maligne Lake), feel awe at the power of water at Maligne Canyon and Medicine Lake.

[jaspertourcompany.com](http://jaspertourcompany.com)

## From Fishwheels to the Gold Rush!

Uncover the fascinating past and living history of the Tr'ondëk Hwëch'in Traditional Territory with your Hän First Nations guide Tommy Taylor under blazing Yukon skies with Fishwheel Tours. Throughout summer join Tommy on his boat to cruise the Yukon River on a voyage of discovery; see fur trade and mining posts from the 1800s; explore Dog Island and learn about traditional fishwheels and hear stories of the Klondike Gold Rush over tea and bannock; witness Moosehide Village, home to the biennial Moosehide Gathering to celebrate the songs and stories of the Hän. In winter ride alongside Tommy on a snowmobile to experience the beauty and stillness of this vast land under the Northern Lights and learn about the resilience of the Hän People in this unforgiving but beautiful landscape.

[fishwheeltoursyukon.com](http://fishwheeltoursyukon.com)

## Go Wild in the Yukon

Hop in the van and join a crew of real deal Yukon guides who love to share the joys of the 'sourdough life' above the 60th parallel! Whether it's snacking on traditional bison or elk smokies by the campfire singing songs and telling stories, joining an interpretive hike through the Miles Canyon Valley into the sub-Alpine forest learning about the Klondike Gold Rush and the diverse First Nations history (there are 14 different Nations in the Yukon speaking eight different languages!) or relaxing in natural hot springs and touring a wildlife preserve with Yukon animals such as moose, muskox, Arctic fox and wood bison, Whitehorse Who What Where have the tour for you!

[whitehorsetours.com](http://whitehorsetours.com)

## Make a Dene Connection in Yellowknife

Join Bobby Drygeese of the Yellowknives Dene First Nation on a journey through the communities of Yellowknife, Dettah and N'dilo. Learn about the Dene people and the significance of their land and cultural traditions. Visit B. Dene Adventures' camp to share Dene culture, art and foods. Listen to the beat of the traditional drums and join the excitement of traditional Dene Hand Games. See Yellowknife from the water on an epic fishing trip on Great Slave Lake, cruise the island-dotted inside passage and visit historic Wool Bay. Watch the shimmering northern lights from the comfort of a heated lakeshore cabin and hear stories, Dene history and legends.

[bdene.com/aurora-tours](http://bdene.com/aurora-tours)

## Hear the Voices of the Drums!

Keepers of the drum who honour its voice with love and respect, meet the Warrior Women; Matricia Brown-Asani and her daughter, Mackenzie Brown-Kamamak, First Nations Cree from the Sturgeon Lake Cree Nation. Drummers, performers, storytellers, singers and songwriters, these multi-talented women share their culture through their art, stories and songs. Book a Fireside Chat at the Jasper Tram to learn a few phrases and songs in Cree and join in a conversation about Indigenous culture along with drumming and storytelling. Join the Wilderness Kitchen for a dinner show at Maligne Canyon with stories and songs from the Warrior Women. Hear Cree constellation tales at the Jasper Dark Sky Festival.

[warrriorwomen.ca](http://warrriorwomen.ca)



## Mush Sled Dogs Through the Boreal Forest

You hear them before you see them; yapping and barking with excitement as you crunch through the snow in the forest. Meet Wapusk Adventures and Dave Daley's crew of the hardest working, friendliest and happiest huskies in Churchill Manitoba! There's plenty of time for pats and photos as you hear stories of the dogs and learn about dog sledding from the expert with Dave's tales of Arctic racing. Head out on the 'Ididamile', Wapusk's one-mile trail through Churchill's boreal forest either cozy in the sled or taking the reins and learning to mush with Dave; warm up with hot chocolate and fresh bannock in the cabin, experience the thrill of traditional travel in the north!

[wapuskadventures.com](http://wapuskadventures.com)

## Walk on the Earth's Mantel

Join the Reid family of Under the Stump in Newfoundland and explore their backyard; one of Canada's national treasures, Gros Morne National Park! Take it easy on a two-hour ATV adventure filled with fascinating stories about local traditions, culture and Mi'kmaq heritage. See caribou migrating; spot moose drinking from a lake; learn about the unique geology of this incredible place with exposed mantle rock which helped prove tectonic plate theory, see the places only locals know about. Sign up for a 30-minute music lesson and become an instant expert in the traditional Newfoundland ugly sticks and spoons! Best enjoyed on the family cabin patio with a stunning view of Sandy Pond and the Tablelands.

[underthestump.com](http://underthestump.com)

# Wapusk Adventures



# MARKET READY

## BRITISH COLUMBIA

Adams River Rafting  
 Awatin Aboriginal Art  
 The Bear, The Fish,  
 The Root & The Berry  
 Bella Guest Cabins  
 Explore Canada  
 Marketing Group Inc  
 Haida Heritage Centre  
 at Kay Llnagaay  
 Haida House at Tllaal  
 Haida Style Expeditions  
 Hesquiaht Lodge  
 Homalco Wildlife Tours LP  
 I-hos Gallery  
 Indigenous World Winery  
 K'uL Management Group  
 Kekuli Cafe Properties Inc.  
 Kluskap Ridge Rv &  
 Campground Ltd.  
 Kwa'lilas Hotel  
 Lakeshore Resort  
 and Campground  
 Lasqueti Island Hotel  
 Moccasin Trails  
 Ocean House at Stads  
 K'uns GawGa  
 Quaaout Lodge & Talking  
 Rock Golf Course  
 Sea Wolf Adventures  
 Skidegate Inlet Retreat  
 Skwachays Lodge Hotel  
 and Gallery  
 Spapium 'Little Prairie' Farm  
 Spirit Bear Lodge  
 Squamish Li'wat Cultural Centre  
 St Eugene Gold Resort Casino  
 Takaya Tours  
 Talaysay Tours  
 Tla'amin Resorts and  
 Accommodations/Historic  
 Lund Hotel

Tzoonie Ventures LTD  
 West Moberly First Nations  
 Westbank First Nation: Sncewips  
 Heritage Museum  
 Westcoast fishing adventures LTD  
 Xwisten Experience Tours

## ALBERTA

Blackfoot Crossing Historical Park  
 Grey Eagle Resort & Casino  
 Jasper Tour Company  
 Lac La Biche Canadian  
 Native Friendship  
 Little Chief Restuarant  
 Mahikan Trails  
 Metis Crossing  
 Miywasin Friendship Centre  
 Moonstone Creation  
 Painted Warriors  
 Pale Horse Tipi Camp  
 Stoney Nakoda Resort & Casino  
 Talking Rock Tours  
 The Westin Calgary Airport  
 Warrior Women

## SASKATCHEWAN

Last Oak Golf Course  
 Maison Amérindienne  
 Maison De La Culture Innue  
 MicMac Camp  
 Wanuskewin Heritage Park  
 Whitecap Development  
 Corporation

## MANITOBA

Feast Cafe Bistro  
 Sagatay Enterprises Inc.  
 Turtle Lodge (Anishnabe Mikinack  
 Kinamakamik, Inc.)  
 Wapusk Adventures,  
 Watchee Expeditions

## ONTARIO

Aboriginal Experiences  
 Akwesasne International Pow Wow  
 Bayview Pizza  
 The Bears Inn  
 Blue Mountain Village Association  
 Casino Rama  
 Debahjemuhjig Theatre Group  
 Destination Northern Ontario  
 Endaa-aang  
 First Nation Cultural Tours  
 Fuel the Fire TV Productions Inc.  
 Garden River First Nation -  
 Ojibway Park  
 Great Spirit Circle Trail  
 Hiawatha First Nation  
 Indigenous Tourism Ontario  
 Island Sunrise Cottages,  
 Fishing and Hunting Outfitters  
 Kay-Nah-Chi-Wah-Nung  
 Historical Centre  
 Kenjgewin Teg  
 Educational Institute  
 Ku-Kum Indigenous Kitchen  
 Le Boat  
 Lillian's Crafts  
 Lodge on the Point  
 Manitoulin Brewing Company  
 Manitoulin Hotel &  
 Conference Centre  
 Mishibinijima Private Art Gallery  
 Missanabie Cree FN  
 Moccasin Trail Tours  
 Moose Cree Tourism  
 Mukwa Adventures  
 Neon Raven Art Gallery  
 Nimkee Art Gallery  
 Ojibwe Cultural Foundation  
 Ojibwe Park Garden River  
 First Nation  
 Okichitaw Canada  
 osha osha

Ottawa Museum Network  
 Ottawa Valley Tourist Association  
 Our Ancestors Garden  
 Parks Canada  
 Parks Canada Fort St. Joseph  
 National Historic Site  
 Parks Canada SSM National  
 Historic Site  
 Point Grondine Park  
 Rainbow Lodge  
 (Whitefish River FN)  
 Rainbow Ridge Golf Club  
 Rainbow Ridge Golf Course  
 and Indoor Golf Academy  
 Rama First Nation  
 Ritchie Falls Resort &  
 Moosewa Outpost  
 Seine River First Nation  
 She'ndwin Teg Gaming  
 Commission  
 Six Nations Tourism  
 Spirit Island Adventures  
 Sunset Inn & Suites  
 Thessalon First Nation  
 Tourism Sault Ste Marie, SSM  
 Economic Development Corp.  
 Tourism Thunder Bay  
 Wasse-Giizhik Tours and  
 Accommodations  
 Wikwemikong Tourism

## QUEBEC

Abitibiwinni Bercé Par L'Harricana  
 Air Inuit  
 Amishk Aventures Amérindiennes  
 Auberge Kuujuaq Inn  
 Auberge Maanitaaukimikw  
 Auberge Manawan  
 Aventure Plume Blanche  
 Aventures Arctiques - Payne River  
 Aventures Arctiques Tunulik  
 Aventures Inuit

Aventures Kangiqsujuaq  
 Camp La Lucarne  
 Camping Plage Robertson  
 Camping Tadoussac Et  
 Camping Tipi  
 Centre D'Amitié Autochtone  
 La Tuque: Centre Sakihikan  
 Chalets De L'Anse-À-Jos À Yves  
 Et Chalets Shipek  
 Club Odanak  
 Complexe Agara  
 Croisières Essipit  
 Domaine Notcimik  
 Domaine Philippe Secteur Central  
 Echos Of A Proud Nation Pow Wow  
 Espace Culturel Ashukan  
 Famille D'Autrefois  
 Fédération Des Coopératives  
 Du Nouveau Québec  
 Festival De Contes Et Légendes  
 Atalukan (Kamishkak'Arts)  
 Festival Du Conte Et De La  
 Légende De L'InnuCADIE  
 Festival Innu Nikamu  
 Gîte La Huronnière  
 Grand Rassemblement Des  
 Premières Nations De  
 Mashteuiatsh  
 Hébergement Aux Cinq Sens  
 Host Hotel Kahnawake  
 Hotel-Musée Premières Nations  
 Hôtel Boutique Atelier Atikuss  
 Hotel Des Coops Du Nunavik:  
 Aupalik Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Inukjuaq Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Ivujivik Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Kangiqsualujuaq Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Kangiqsujuaq Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Kangirsuk Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Kuujjuaq Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Kuujjuarapik Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Puvirnituaq Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Quaqtaq Co-Op Hotel  
 Hotel Des Coops Du Nunavik:

Salluit Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Umiujaq Co-Op Hotel  
 Hotel Des Coops Du Nunavik:  
 Akulivik Co-Op Hotel  
 Innuberge  
 Institut Culturel Cri  
 Aanischaakamikw  
 Johnny And Billy Cain Outfitters  
 Kina8At-Ensemble  
 Kinawit – Caavd  
 Maison Amérindienne  
 Maison De La Culture Innué  
 Micmac Group  
 Musée Amérindien  
 De Mashteuiatsh  
 Musée Des Abénakis  
 Musée Huron-Wendat  
 Musée Shaputuan  
 Mushuau-Nipi  
 Natakam Condos-Hôtel Sur Mer  
 Parc National Kuururjuaq /  
 Parcs Nunavik  
 Parc National Pingualuit /  
 Parcs Nunavik  
 Parc National Tursujuq /  
 Parcs Nunavik  
 Plumes Et Pacotilles  
 Pourvoirie Aigle Pêcheur  
 Pourvoirie Broadback  
 Pourvoirie Camp Louis Jolliet  
 Pourvoirie Etamamiou  
 Pourvoirie Lac Allard  
 Pourvoirie Nabisipi – Uenapehipu  
 Pourvoirie Rivière Mangan  
 Pourvoiries Essipit :  
 Pourvoirie Des Lacs À Jimmy  
 Pourvoiries Essipit – Club Bernier  
 Pourvoiries Essipit – Club Claire  
 Pourvoiries Essipit – Domaine  
 du Lac des Cœurs  
 Pourvoiries Essipit – Domaine  
 sportif du Lac Loup  
 Pow-Wow Essipit  
 Pow-Wow International  
 De Wendake  
 Pow-Wow Manawan  
 Pow-Wow Odanak  
 Pow-Wow Pikogan  
 Quality Inn Uashat  
 Raquette Et Artisanat Gros-Louis

Restaurant La Sagamité  
 Rodeway Inn Pikogan  
 Secteur Tourilli  
 Rodeway Inn Pikogan  
 Secteur Tourilli  
 Site D'Interpretation Micmac  
 De Gespeg  
 Site Matakan – Tourisme  
 Manawan  
 Site Traditionnel Huron  
 Station Uapishka  
 Terres En Vues /  
 Présence Autochtone  
 The Torngats  
 Timiskaming First Nation  
 Pow-Wow  
 Voyages Eeyou Istchee  
 Baie-James Inc  
 Voyages Fncq  
 Voyageur Wilderness  
 Programme Ltd  
 Wemindji Tourism

## NEW BRUNSWICK

Elsipogtog Mi'kmaq  
 Cultural Center  
 Metepenagiag Heritage Park  
 Metepenagiag Lodge  
 Micmac Native Arts

## NOVA SCOTIA

Destination Membertou  
 Eskasoni Cultural Journeys  
 Wagmatcook Centre &  
 Heritage Centre

## PRINCE EDWARD ISLAND

Indian Arts & Crafts  
 Lennox Island Development  
 Corporation

## NEWFOUNDLAND AND LABRADOR

Abadak Wilderness Adventures Inc  
 Appalachian Chalets & RV  
 Birding by Season  
 Experience Labrador

Gros Morne Adventures  
 Ktaqmkuk Mi'kmaq  
 Historical Museum  
 Mealy Mountain Gallery  
 Mountain Waters Resort  
 Nunatsiavut Government  
 Nuuhchimi Wiinuu Cree  
 Culture Tours  
 Pirates Haven ATV Friendly Park  
 & Chalets Adventure  
 Qalipu First Nation  
 Royal Inn and Suites  
 Secret Cove Brewing  
 Company LTD  
 ShaMaSha  
 Under the Stump Inc

## NUNAVUT

Arctic Bay Adentures  
 Polar Outfitting

## NORTHWEST TERRITORIES

Aurora Heat  
 Aurora Tours.net  
 Aurora Village  
 B. Dene Adventures  
 Bucketlisttour  
 Dreamcatcher Lodge  
 NARWAL Northern Adventures Ltd  
 North Star Adventures  
 Touch the Arctic Tours  
 Tundra North Tours

## YUKON

Carcross/Tagish Management  
 Corporation  
 Fishwheel Charter Services  
 Shakut Tun Adventures  
 Teslin Tlingit Heritage Centre  
 Whitehorse Who What Where  
 When Tours/Dickson Outfitters Ltd

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## BRITISH COLUMBIA

### Awatin Aboriginal Art

awatinart.com

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### The Bear, The Fish, The Root & The Berry

bearfishrootberry.com

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### Explore Canada Marketing Group Inc

### Haida Heritage Centre at Kay Inlagaay

haidaheritagecentre.com

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### Haida House at Tlaal

haidahouse.com

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### Homalco Wildlife Tours LP

homalcotours.com

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ihosgallery.com

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kekulicafe.com

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grizzlytours.com

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### Moccasin Trails

moccasintrails.com

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### Ocean House at Stads K'uns GawGa

oceanhouse.ca

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### Quaaout Lodge & Talking Rock Golf Course

quaaoutlodge.com

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### Sea Wolf Adventures

seawolfadventures.ca

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### Sidney Whale Watching

sidneywhalewatching.com

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### Squamish Lil'wat Cultural Centre

slcc.ca

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### Skwachàys Lodge Hotel and Gallery

skwachays.com

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### Spirit Bear Lodge

spiritbear.com

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### St Eugene Golf Resort and Casino

steugene.ca

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### Takaya Tours

takayatours.com

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### Talaysay Tours

talaysay.com

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### Westbank First Nation: Sncewips Heritage Museum

sncewips.com

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### Westcoast Fishing Adventures Ltd

westcoastfishing.ca

### Xwisten Experience Tours

xwistentours.ca

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## ALBERTA

### Blackfoot Crossing Historical Park

blackfootcrossing.ca

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### Grey Eagle Resort & Casino

greyeagleresortandcasino.ca

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## Indigenous Tourism Alberta

indigenoustourismalberta.ca

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### Jasper Tour Company

jaspertourcompany.com

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### Little Chief Restaurant

greyeaglecasino.ca

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### Mahikan Trails

mahikan.ca

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### Metis Crossing

metiscrossing.org

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### Moonstone Creation

moonstonecreation.ca

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### Stoney Nakoda Resort & Casino

stoneynakodaresort.com

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westincalgaryairport.com

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### Warrior Women

warriorwomen.ca

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wapuskadventures.com

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indigenoustourism.ca/  
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sixnationstourism.ca  
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inuitadventures.com  
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vacancesessipit.com  
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**Club Odanak**

clubodanak.com  
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**Domaine Notcimik**

domainenotcimik.com  
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**Hébergement Aux Cinq Sens**

auxcinqsens.ca  
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**Hotel-Musée Premières Nations**

hotelpremieresnations.ca  
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**Musée Des Abénakis**

museedesabenakis.ca  
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**Musée Huron-Wendat**

museehuronwendat.ca  
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vacancesessipit.com  
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nunavikparks.ca  
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vacancesessipit.com/pourvoires/  
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tourismewendake.ca/pow-wow/  
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micmacgespeg.ca  
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**Site Traditionnel Huron**

huron-wendat.qc.ca  
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**Voyages Eeyou Istchee  
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decrochezcommejamais.com  
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**NEW BRUNSWICK****Elsipogtog Mi'kmaq  
Cultural Center**

mikmaqbasketmaking.com

**Metepenagiag Heritage Park**

metpark.ca  
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**Metepenagiag Lodge**

redbanklodge.com  
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**Micmac Native Arts****NOVA SCOTIA**

Eskasoni Cultural Journeys  
eskasoniculturaljourneys.ca

**Kluskap Ridge Rv &  
Campground Ltd.**

kluskapridge.ca  
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**Wagmatcook Centre  
& Heritage Centre**

wagmatcookcentre.com

**PRINCE EDWARD  
ISLAND****Indian Arts & Crafts**

indianartpei.com

**Lennox Island Development  
Corporation**

experiencelandnoxisland.com  
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appalachianchaletsrv.ca  
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tourismnunatsiavut.com  
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pirateshavenadventures.com  
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shamasha.ca  
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thetorngats.com  
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underthestump.com  
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polaroutfitting.ca  
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auroraheat.ca  
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auroravillage.com  
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bdene.com  
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northstaradventures.ca  
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**Top of the World Travel**

topoftheworldtravel.com  
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**Touch the Arctic Tours**

touchtheartictours.com  
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tundranorthtours.com  
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**YUKON****Carcross/Tagish Management  
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destinationcarcross.ca  
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fishwheeltoursyukon.com  
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**Kwanlin Dun Cultural Centre**

kdcc.ca  
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teslintlingitheritage.com  
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**Whitehorse Who What Where  
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whitehorsetours.com  
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& Tourism Association**

yfnct.ca  
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